



**Peter Eriksson PKP1V FAC1A Instructor**  
**INTERNATIONAL CERTIFICATE OF SELF CARE**  
**BASIC KINESIOLOGY PRINCIPLES 101**  
**29<sup>th</sup>, 30<sup>th</sup> October 2016**

**B**

**SUNSHINE COAST - Venue TBA**

**EXPRESSION OF INTEREST**

**Deposit \$100 registration for  
licences & courseware (Non-  
refundable ICPKP)**

**Balance due on commencement  
of course \$300**

**(\$700 value as charged in Sydney)**

**About The Course What you will learn in BKP 101**

- Simple definition of Kinesiology
- Simple anatomical awareness
- Your meridians and their power
- Your Neuro-Lymphatic (NL) reflexes
- Your Neuro-Emotional (NE) reflexes
- Your Neuro-Vascular (NV) reflexes
- How to "Whole Body" test yourself
- Your walking gait reflexes
- Emotional Stress Release (ESR)
- PKP wheel of emotions
- Cross crawl for energy
- Auricular energy
- Visual inhibition
- The power of goals
- Building energy with "Time of day Balance"

Please send registration details to Sandra Eriksson  
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