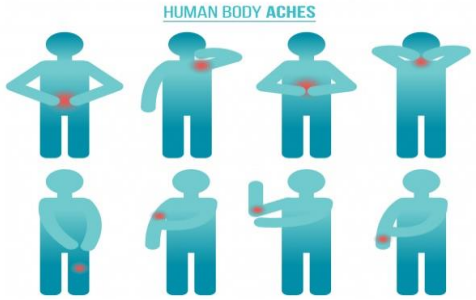
Peter and Sandra Eriksson from **BESTT**ransformations

presents **WORKSHOPS** in Singleton

9:00AM – 4:00PM 13th Saturday 2018
(registrations commence 8:30am)
or
5:30 to 9:00PM Tuesday 9th and Wednesday 10th October 2018

These 1 day workshops are fun, social and interactive, preparing you for self-development and / or further studies.



Can you relate to these - body pains, frozen joints, muscle injuries, fear, anxiety or phobias, stress or depression, weight issues, nutritional deficiencies or excesses, digestive problems, learning difficulties, candida or allergies, food sensitivities or allergic reactions?

Book your seat:
0408 896 223

Achieve your goals and get ready to enjoy life - improve sports performance, finances through better decision making, relief from past trauma, boost your energy level, no more constant tiredness by

start using
the five ICPKP (International-College-Professional-Kinesiology-Practice) Epigenetic Healing Cycles

Today

At **BESTT**ransformations we are able to customize a unique style of relaxation to manage your day to day living.
We consider more than just the issues you present by – gentle muscle monitoring and body response to testing

for more information go to http://besttransformations.com.au/sample-page

Get ready to enjoy life with optimal wellness

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